

THE VOICE

September 2025

"Reset!"

Have you ever had to restart your phone or computer after it froze, crashed, or simply refused to function the way it should? Most of us have experienced that moment of frustration—clicking buttons, trying to fix the problem, and realizing the only option left is to hit "restart." That

simple act of shutting down and starting over is really an act of *resetting*. And almost every time, once the device restarts, it begins to operate smoothly again, allowing us to continue the task we had set out to do.

But our phones and computers are not the only things in life that need a reset. Sometimes the work we do, the projects we pursue, the relationships we value, and even our commitments or life plans require a reset. Without it, we can feel stuck, unable to move forward.

Resets, however, are not always easy. They can be painful, because they often involve admitting something isn't working, or letting go of a plan we had made. They can be difficult, because they may require us to stop, pause, and even start over. Yet sometimes, a reset is the only path forward—the only way to break free from frustration and rediscover hope, purpose, and strength.

It is important for us to understand that God, the Creator of the universe, also has built natural resets into the very fabric of life. Each day begins with a sunrise and ends with a sunset, and with each new dawn we are given the opportunity to begin again. Days flow into weeks, weeks into months, and months into years. These natural cycles are God's way of weaving renewal and new beginnings into the rhythm of our lives.

For us as Christians, the Sabbath is God's appointed day of reset. From the beginning of time, God set apart one day to rest, to stop from our labor, and to recenter ourselves in His presence. And we should note that God established the Sabbath not for God's benefit but for ours. He knows how quickly weariness can seep into our hearts and how easily life can lose its freshness when we never stop. Therefore, the Sabbath day is God's gracious gift—a weekly invitation to reset our souls in worship, rest, and renewal.

So yes—reset your phone or computer when it stops working properly. But don't forget the deeper resets that matter even more. Reset your heart, your mind, and your soul in the presence of God. When you do, you'll discover the strength, peace, and joy you need to move forward into the life God has prepared for you.

Pastor Park

September Birthdays

September 7 Louise Woodcox

September 9 Cooper Jack Winkler

September 12 Tracy Ripa

September 12 Bogdan Voca

September 17 Taylor Pierce

September 20 Rameeza Narine

September 24 Brandon Dolce

September 30 Ginny Carnrick

September Anniversaries

September 10, 1976 Howard & Amy Hansen





Tea & Coffee Social Friday, October 10th 9:30am-12:00pm



Tea & Coffee Socials are hosted once a month by Dave & Rita Whetton as a time to share fellowship and conversation with our church family and neighbors. All are welcome.

Stop by any time between 9:30 am and 12:00 noon to enjoy a complimentary cup of tea or coffee and check out the array of fresh home baked goods as well as other items for sale.

All the proceeds from sales go to the church.

Dates for Upcoming Tea & Coffee Socials

November 7th - 3rd anniversary of Tea & Coffee Socials —Holiday items for sale

December 5th-Holiday items for sale

Times for Tea & Coffee Socials are 9:30 am –12:00 noon

Drop by any time between then



Meet Zorina

I was born in Guyana and am one of seven kids. I grew up, was married and had three children there, Rameeza, Naresa and Avie. After a divorce in 1988, I immigrated to the United States. I worked as a nanny for seven years, as a clerk in a cleaner's for several years, and at Fortunoff for eight years until 2007 when I started teaching as a paraprofessional at Hillside Elementary School in Montclair, where I still work today. I met Gerry and we married in 1995. One thing you may not know about me is that I made the difficult decision to leave my children with my mother in Guyana to be raised by her while I worked to build a new life for us in New Jersey. I prepared for their arrival and Gerry helped with sponsorship. We were reunited after seven years.

I was raised as a Muslim yet married a Hindu in a Hindu ceremony. My grandfather, however, was Catholic. I have fond memories of him singing hymns and telling Bible stories on rainy days. As a child, I used to attend Sunday School at a friend's house, to my Muslim grandmother's dismay. There were many Pentecostal Christians in our community. Though I liked their music and worship services, I didn't appreciate the strict rules such as no pants or makeup for girls. In 1966, when Guyana gained independence, I was given a copy of the New Testament, the first Bible I had ever owned. I enjoyed reading it. My favorite book is Psalms. I particularly love Psalm 23. If I could have dinner with any biblical character other than Jesus, I'd choose his mother, Mary. I'd be interested to learn about her approach to life.

I love to garden, cook and bake. Spending time with family, which now includes four grandchildren - Brandon, Alexis, Sophia and Chloe - brings me joy. I also love the ocean and love to read. Coffee ice cream is my go-to comfort food. I've been involved with many ministries at our church, including the bread ministry, greeter ministry, soup kitchen, Habitat for Humanity, Messy Church, and Rise Against Hunger. I like to serve where I can and am always happy to pitch in. I've also helped with enrichment programs for children at my school.

For me, church is a source of peace and fulfillment. I look forward to walking through the door and being uplifted by the worship, music, and people. Being together with our church family brings me joy.





To our Dear Church Family,

Thank you so much for the appreciation and recognition that we received from you. This was totally unexpected and greatly appreciated.

The things we do are out of a sense of love for our church not for any type of special recognition. This church has long been a part of our family throughout our lives together. We truly enjoy and cherish the time we spend with our church family as well as providing outreach to the community. Many of our greatest and longest lasting friendships were developed through this church.

We hope to continue to do whatever we can to help our church provide ministry to whomever may need it in whatever circumstances they may be facing. Our hope is for our church to grow and prosper for many years to come.

With blessing and gratitude, Barbara and Ken Ingra







HUB Resumes October 7th

Mark your calendars! HUB (#HereUBelong), our Tuesday/Thursday after-school program for middle school students, resumes October 7th. We welcome all volunteers, old and new. If interested in volunteering, speak with Kathy Zajac.



CANTATAS! JOIN ME FOR ANTHEMS! WORKSHOP!

SEPT 14TH 2025

IMMEADIATLY AFTER SERVICE



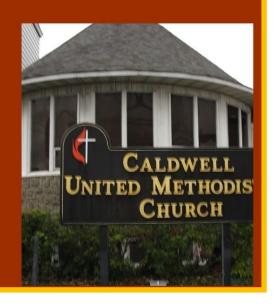
All are Welcome!

LET'S PRAISE THE LORD!

COWING?

LET ME KNOW

RMCCLORE@GMAIL.COM



Caldwell UMC Welcomes Worship Music Leader

Rosalyn M^cClore

Raised in Memphis, steeped in jazz, blues, soul and church music, Rosalyn brings magnetic warmth and musical richness that inspires!



Choir Workshop September 14th

Enjoy singing? Come meet with Rosalyn immediately after worship to learn how you can help make beautiful music together





Outreach Ministry

Thank you for your generous contributions of canned goods for the Caldwell Food Pantry.

During September and October, we're collecting shelf stable milk (such as Parlamat). This has been requested particularly for children.

Please place donations on the table in our sanctuary narthex by November 1st.

Outreach Ministry Reset Meeting

Sunday, September 21st
After Coffee Hour in the Gym



John 15:12: "My command is this: Love each other as I have loved you."

You are invited to help administer a revitalizing adrenalin shot to the Caldwell United Methodist Church Outreach Ministry! How can we best spread our love to others in our community, near and far? Let's team up, bounce around some ideas, and make a plan.

We'll be full of beans, too!

You are invited to repackage bulk dried black beans
into 1-pound bags for the Garfield Unity Pantry as we chat.

Start your holiday season off with a stroll down memory lane featuring

"The Inspirations"
Caldwell United Methodist Church presents
"A Doo Wop benefit concert"



The Inspirations are a group of seasoned entertainers that come from all aspects of the music industry. Vocal skills comprised of Doo Wop, Classic, Big Band, and Barbershop blend their diverse skills into a unique yet classic Doo Wop sound.

Join us on Sunday, October 26th at 4:00 p.m.
at Caldwell UMC, 8 Academy Road, Caldwell, NJ
Tickets are \$20 and can be purchased at caldwellchurch.org
checks payable to Caldwell United Methodist Church
earmaked Doo Wop Concert
There will be light refreshments after the show





SUNDAY, OCTOBER 12, 2025





Upcoming Events for 2025 Caldwell United Methodist Church

Life is Better Together!



Join Us for Worship Sundays @ 10 am

September 7	Communion
September 28	Youth Sunday
October 5	World Communion Sunday
October 12	Family & Friends Sunday
October 19	Laity Sunday
October 26	Youth Sunday Doo Wop Concert
November 2	Communion
November 23	Thanksgiving Sunday
November 30	Youth Sunday
December 6/7	Hanging of the Greens
December 7	Communion Sunday - Prayer Doves
December 13	Blue Christmas Service
December 14	Christmas Concert
December 24	Christmas Eve Service @ 7:30 pm
December 28	Hymn Sing

September



2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
						Saturday AA 10:00 pm
7	8	9	10	11	12	13
Worship 10 am Communion Sunday AA		Golf Outing meeting 7:30 pm				Saturday AA 10:00 pm
6:30 pm	15	16	17	18	19	20
Worship 10 am Sunday AA 6:30 pm			17	Essex Photo Club 7 pm		Saturday AA 10:00 pm
21	22	23	24	25	26	27
Worship 10 am Sunday AA 6:30 pm		Golf Outing All Day Event			Tea & Coffee Social 9:30 am	Saturday AA 10:00 pm
28	29	30				
Worship 10 am Youth Sunday Sunday AA 6:30 pm						Saturday AA 10:00 pm



Caldwell United Methodist Church

Life is Better Together!

THE VOICE

CALDWELL UNITED METHODIST CHURCH

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Newsletter Editor: Ellen Elcavage

SAFE SANCTUARY CERTIFIED CHURCH

HANDICAP ACCESSIBLE-LIFT at Academy Road Entrance

FRIEND US ON





Worship with us Sundays at 10 am

Invite a friend or family member to join in worship

