



THE VOICE

February 2024

“IQ, EQ and LQ”

Have you heard of the acronym “IQ,” which stands for Intelligent Quotient? Simply put, IQ is a measure of a person’s reasoning ability. IQ tests are used to gauge how well someone can use information and logic to answer questions, solve puzzles, predictions or remember information accurately. In 2016, an 11 year-old girl named Kashmea Wahi of London, England scored 162 on an IQ test. In case you didn’t know, this was a perfect score. Wahi is the youngest person ever to get a perfect score on that particular test (fyi, there are several types of IQ tests). In other words, Wahi was an exceptionally smart girl for her age.

In our society, we put a high premium on being “smart” or having a high “IQ.” One reason may be that there is a tendency for us to see a high IQ as a predictor of one’s success in life. Yes, there is a pervasive thinking in our society that a smart person will have a greater chance to succeed in life than those who are not. However, researches have also shown that IQ is not the only nor the most important predictor of success in one’s life.

Social scientists and educators have argued that EQ, which stands for Emotional Quotient, plays a more important role in helping people to achieve success in life. In other words, they argued that being smart by itself is limited in helping a person to realize one’s full potential in life. In this understanding, every person must have social skills that will allow them to develop meaningful relationships, make emotional and psychological connections with others and empathize with others in order to be one’s best in life and also in one’s career. To them, genius without humanity can only go so far. Every person needs to have a certain level of EQ as well as IQ to live a good, “successful” life. But this is not everything. There is more. If one wants to live not just a “good” life but the “best” life, then one needs to have one more thing. It is called, LQ, which stands for Love Quotient.

Many years ago, I saw a movie in which the main character played by Johnny Depp asks four questions by saying that there are only four questions of value in life. What is sacred? Of what is the spirit made? What is worth living for, and what is worth dying for? The answer to each is the same, he said. Only love. One way that we can understand the journey of life for everyone is to understand it as a journey of love. Life is a journey that first begins with a self-centered worldview. Some of the very first words that we learn in life are “Me” and “Mine.” Then as life matures, as a person matures in life, one learns to love and slowly begins to shift from self-centered existence to other-centered existence. In other words, as life matures, “me” no longer becomes the center of one’s universe. One begins to recognize “others” and eventually becomes able to care for others before one’s own wellbeing. It is only when one successfully makes this shift, one finally becomes ready to be a parent. At the end of our life, what would be the one thing that will be most remembered, cherished and honored about us by others? It will not be how much wealth we have accumulated in this life, how many accolades we have won, or even how “successful” we were in life, but how much we loved those in our life and lived love. At the end, the thing that will determine our true “success” and “happiness” in life will not be IQ or EQ, but LQ. It is no wonder then that Christ calls us to be people known by our love more than anything else. Pastor Park

February Birthdays

February 1	Eric Pierce
February 2	Madison Totka
February 7	George Inglis
February 8	Amanda Crooks
February 12	Owen Scott Winkler
February 14	Denise Stelter
February 15	Patty Sampson
February 17	Kyle Totka
February 24	Jack Ripa
February 25	Joan Carnrick
February 25	Marybeth Mitstifer
February 26	Bryan Hansen
February 26	Leslie Pierce
February 26	Gordon Stelter
February 27	Joan Coleman
February 27	Adrian Voca

February Anniversaries

February 8, 1975 Sal & Joyce Francavilla



Financial Report through December 2023



For the year 2023 our income has exceeded our expenses versus our projected budget by \$28,734.

On the income side, our overall giving (pledges and faithful givers) was \$20,928 greater than our annual goal. Our Thanksgiving and Christmas offerings also exceeded our budget.

Our expenses were \$7,290 less than our projection for 2023. This was a result of utilities, buildings & grounds, personnel, and ministries being less than expected.

We launched a campaign entitled "Let's Finish Strong" with the goal of raising \$30,000 to meet 100% of our budget. This campaign ran from November 12th through the end of the year. Thanks to your love and most generous support for our church we raised \$60,152. As a result, we were able to pay 100% of our Billings and Shared Ministries to the conference.

We look forward to a rewarding and successful year for our church in 2024.

Thank you for your continued support of our ministries through your pledges and faithful giving. We are Better Together!!

Sincerely,
Your Finance Committee



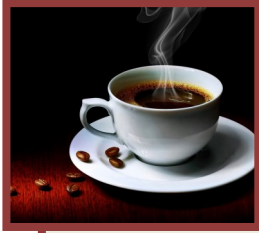
Buy Food Cards! It's an Easy Way to Help Your Church!

Everybody needs groceries, right? Well, here is a really easy way to help your church! We have

ShopRite, Foodtown and Stop & Shop food cards for sale. For every card that is bought, 5% of the value of the card goes to the church.

Call (973-226-4410) or email (caldwellumcnj@gmail.com) the church office to buy your food cards or visit our website at caldwellchurch.org.

Thank You!



Tea & Coffee Socials

At Caldwell United Methodist Church

2024 Tea & Coffee Social Dates

Friday, February 16th

Friday, March 15th

Stop in any time between 9:30 am to 12:00 pm

Come & enjoy time with neighbors and friends over a complimentary cup of tea or coffee!

Baked goods for sale and

a selection of gift items is available to purchase

All proceeds to benefit the church.

Church members and friends are welcome

so stop in with a friend or by yourself!

Questions? Please call Dave & Rita Whetton at 862-702-6144



**Our Prayer and Chant Circle accompanied by Visiting Harp
occurs on the second and fourth Tuesday every month at 10:00 AM.**



**Please join us in the sanctuary for 30-45 minutes
away from the world surrounded by God's light and love.**



Save the Date!

April 20, 2024

Caldwell United Methodist Church

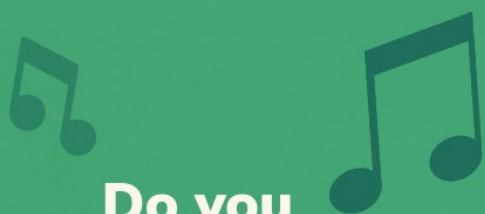
Annual Fish & Chips Dinner



April 20th from 5pm-7pm Dine In or Take Out

Catered by Tastefully British

Invite your friends and family! Details to follow



**Do you
enjoy
singing?**

**Singers
Welcome!**

**Would you
like to join
our choir?**

**CUMC Choir is welcoming you
to join us to praise God.**

CONTACT THE MINISTER OF MUSIC, JACKIE

201-694-6390

pianistjackie@gmail.com



**No experience
necessary.**



**Let's
praise
together
in
CUMC
Choir**



Louise Woodcox is showing her work in the Caldwell Public Library at 24D Small Ave. until Saturday, Feb. 29, 2024.

'Oils and Pastels' art exhibit on display at Caldwell Library through Feb. 29

CALDWELL - The Caldwell Public Library will host an art exhibit by Louise Woodcox through Saturday, Feb. 29.

Woodcox's exhibit is titled "Oils and Pastels," and features works using oil paints and pastels.

A reception will be held from 11:30 a.m. to 1:30 p.m. on Saturday, Jan. 13, plus an informal artist's talk with Woodcox at 12:30 p.m. Refreshments will be served.

Woodcox's paintings have been featured in solo shows over the years, including at the Frelinghuysen Arboretum, the Caldwell Women's Club, Crane's Mill and various libraries.

She also participates in shows with the West Essex Art Association and the West Essex Five at the Grover House near St. Aloysius Church in Caldwell.

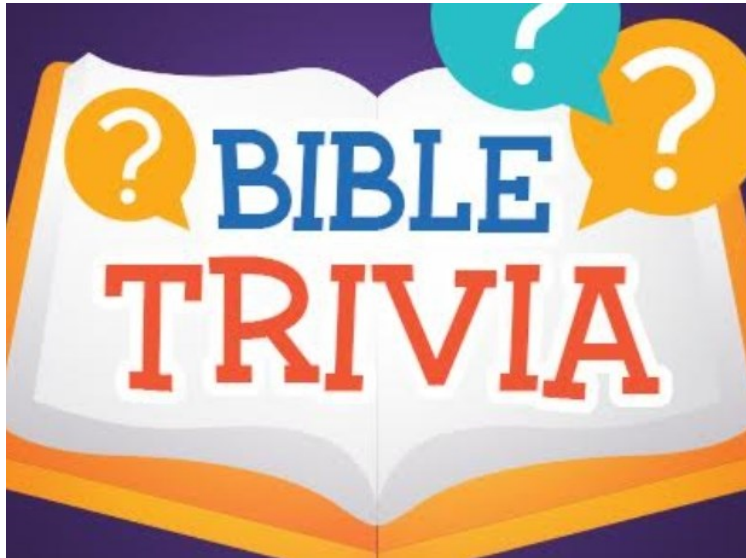
She has exhibited throughout New Jersey and New York City, receiving numerous awards for her work through the years. She is a signature member of the Pastel Society of New Jersey. Her paintings are in collections throughout New Jersey, New York, Connecticut and Europe.

For more information, email librarian@caldwellpl.org or call the library at (973) 226-2837.



An Exhibit Featuring the Art of Louise Woodcox at the Caldwell Public Library





BIBLE TRIVIA

Test your knowledge of the Bible by answering these questions. See how many you can answer correctly without looking at the answers.

1. This man wrote the first five books of the Old Testament.
2. From what part of Adam's body did God create Eve?
3. What did David use to defeat Goliath?
4. Who were Miriam's brothers?
5. How many plagues did God send to Egypt?
6. What was The Golden Calf?
7. What did Jacob give Joseph that sparked jealousy from his siblings?
8. What are the four rivers listed as flowing out of Eden?
9. What musical instrument did David play?
10. What is the eighth commandment?

Answers:

1.Moses 2.Rib 3.A sling and a stone 4.Aaron and Moses 5.10 6.The idol the Israelites worshipped while Moses was away. 7.A coat of many colors 8.Phishon, Gihon, Hiddekel (Tigris) and Phirat (Euphrates) 9.The harp (or lyre) 10.Thou shall not steal.

THE VOICE

CALDWELL UNITED METHODIST CHURCH

8 Academy Road, Caldwell, NJ 07006

Phone: **973-226-4410**

Website: caldwellchurch.org

Newsletter Editor: **Ellen Elcavage**

SAFE SANCTUARY CERTIFIED CHURCH

HANDICAP ACCESSIBLE-LIFT at Academy Road Entrance

FRIEND US ON 



**Worship with us
Sundays at 10 am**

**Invite a friend or family
member to join
in worship**

